



Staying Connected with Winners' Academy

Monday, April 20, 2020

Happy Monday Winners' Family!

We hope you had a fantastic weekend! We are excited for a week filled with valuable learning experience.

See you on Thursday for our Zoom Connection with Ms. DJ:

10:15am - 3 year olds

10:45am - 4 year olds.

Book of the week

"The Very Hungry Caterpillar"

<https://youtu.be/75NQGK-Sm1YY>

Verse of the Week

1 Corinthians 13:6 ERV

Love is never happy when others do wrong, but it is always happy with the truth.

School Information:

711 Dogwood Ave
W. Hempstead, NY 11552

516-292-5050!

Fun, Hands-On Learning Activities To do with your preschoolers at home!

Mon: Art - Shaving Cream Design

Tues: Writing - Letter to Friends & family

Wed: Science - Fizz It Up

Thurs: Music/Mov't - Dance to the beat

Fri: Math - Taste Safe Blocks

(Please find activities below.)



MONDAY: ART ACTIVITIES

What your preschool learns and develops through art activities

Hands-on and open-ended (meaning there is no specific outcome—the project, in the end, does not need to look like a specific model) is part of Visual Arts or - using a variety of materials to make art creations to reflect thoughts, feelings, experience or knowledge. When your preschooler participates in hands-on art, many skills are used and developed depending on the materials they are using. Art activities help your preschooler:

- Use a variety of tools & materials to build grasp & release skills, scissor skills & ability to use thumb/forefinger in pincer grasp.
- Develop eye-hand coordination using a variety of materials.
- Develop pre-writing & drawing skills using wide variety of tools Develop awareness of their family, the community, the classroom and their responsibilities in each.
- Develop the ability to identify, predict, create and extend simple patterns.

Shaving Cream Design

Materials needed

shaving cream (non-menthol—menthol is very strongly scented and tough on the eyes and nose).
Optional: craft sticks and/or paint brushes of any kind.

What to do

Help your child spray shaving cream in a large bin or right on your table (if it is not a wooden table—shaving cream will stain wood). Let your child use it like finger paint.

They can print letters, print their name or just make designs in it using their fingers. Optional: Provide them with craft sticks or paint brushes to use to print or make designs with.

TUESDAY: WRITING ACTIVITIES

What your preschool learns and develops through writing activities

Writing skills fall under Literacy skills. In preschool, it typically refers to gaining mastery over skills that will help them in the elementary years and beyond! Some of the skills your preschooler will develop when participating in writing activities are:

- Using a variety of tools & materials to build Grasp & release skills, scissor skills & ability to use thumb/forefinger in pincer grasp.
- Developing eye-hand coordination using a variety of materials.
- Developing pre-writing & drawing skills using wide variety of tools Developing knowledge of science concepts through exploration of the different sciences, depending on the activity (Life, Physical, Earth/Environmental and Technology Science).
- Using increasingly complex and varied vocabulary, grammar and syntax in conversations and storytelling.
- Speech becomes clearer and better understood by others while discussing what they are doing.
- Recognizing and identifying letters of the alphabet in print, environment and/or own name.
- Demonstrating increased emergent writing skills such as random marks, controlled scribbles, basic shapes, letter-like marks or letters to represent words, stories, ideas, experiences or objects.

Letter To friends and family

Materials needed

paper, pens, crayons, markers and/or colored pencils, envelopes, stamps, wet cloth

What to do

Encourage your children to draw pictures for friends and family.

Fill out envelopes for them, addressing the envelope to the address of the person they want to send it to.

Help your child to fold the letter/picture, place in the envelope, seal and stamp it (use a paper towel or cloth with water to seal rather than licking the envelope or stamp to prevent transfer of germs).

Take a walk to the mailbox to mail the letter.

WEDNESDAY: SCIENCE ACTIVITIES

What your preschool learns and develops through Science activities

Science happens all around us! Your preschoolers develop so many skills participating in science activities such as:

- Engaging in positive relationships and interacting in socially appropriate manner with minimal conflict with other children.
- Participating in structured and unstructured activities.
- Developing observation & inquiry skills using their senses & tools (including technology) to gather & investigate information. Making predictions and inferences about changes in materials.
- Communicating & documenting information gathered using a variety of methods (drawing, maps, graphs, charts & through discussion)
- Developing knowledge of science concepts through exploration of the different sciences (Life, Physical, Earth/Environmental, Technology Science)

Fizz It Up

Materials needed

baking soda, vinegar, spoon, shallow tray or cookie sheet, 3 shallow cups Optional: playdough or clay

What to do

Provide your child with a small cup of baking soda and a small cup of vinegar and place them on a shallow tray or cookie sheet (that has sides--not flat baking sheets--this will overflow a bit!).

Place an empty cup on the tray. Your child will, using a spoon, transfer some of the baking soda into the empty cup. Then have them put small drops of vinegar on it and watch the reaction. We have also added food coloring to the vinegar! Optional variation:

Give your child some playdough or clay (your own or use the playdough you made in the math Make Playdough activity in this packet) and have them knead some baking soda into a ball of clay or playdough OR create a volcano shape.

Add a hole/opening in the ball or volcano shape. Spoon some baking soda in the hole/opening and then add vinegar, a few drops at a time!

THURSDAY: MUSIC & MOVEMENT ACTIVITIES

What your preschool learns and develops through music & movement activities

Activities involving music and/or movement help your preschoolers use their senses as well as their LOVE of moving around in many ways! When they participate in music through activities by listening, performing, singing or using musical instruments, some of the skills they develop are:

- Joining in and cooperating with others in play and learning.
- Expressing affection, empathy and sympathy to others and balances needs and rights of others and self.
- Developing travelling skills by using locomotor skills to maneuver in their environment and in a large group.
- Developing large muscle control and balancing skills through activities such as walking (front and backward) skipping, running, climbing, hopping, stretching, reaching etc.

Dance to the Beat

Materials needed

a variety of music

What to do

Have a variety of music ready—CDs, your playlist, etc. Play one genre of music for 2 minutes and dance to the beat.

Change to a different genre for another 2 minutes.

Some fun varieties are to play jazz, hip-hop, Big Band, Disney tunes, Classical, Opera—change it up! Variation Option: Have your child choose their favorite animal and then they dance, like that animal, to the different genres!

FRIDAY: MATH ACTIVITIES

What your preschool learns and develops through math activities

Much like science, math is all around us! Your preschoolers grow and develop in so many areas by participating in any activity that includes math from actual counting to helping you measure and cook! Some of the skills they develop are:

- Using a variety of tools & materials to build grasp & release skills, scissor skills and the ability to use thumb/forefinger in pincer grasp.
- Developing eye-hand coordination using a variety of materials.
- Developing the ability to recognize numbers recite them in order and recognize that numbers represent quantities.
- Using numbers, one-to-one counting & subitizing (identifying number of objects in a set without counting them) to determine the quantity.
- Developing the ability to identify, predict, create and extend simple patterns. Developing the ability to measure wide variety of objects using many different attributes (weight, length, size, etc.)
- Developing the ability to classify, compare, sort and order a wide variety of object by different attributes.
- Developing the ability to classify, compare, sort and order a wide variety of object by different attributes.
- Developing an understanding of ordination & positional language (1st, 2nd, 3rd), directionality (up/down) and spatial awareness (next to, on top of) & how to apply to items, stories, etc.
- Developing knowledge of science concepts through exploration of the different sciences (Life, Physical, Earth/Environmental, Technology Science) Understanding and following at least 2-3 step directions.

Taste Safe Blocks

Materials needed

Clear gelatin powder, boiling water, food coloring, parchment/wax paper, containers.

What to do

Add the gelatin powder to a bowl. Measure $\frac{3}{4}$ of the indicated amount of water ratio and add a drop of food coloring.

Pour into the bowl and mix immediately or the gelatin will clump up. First, add one cup of water, mixed, and then another $\frac{1}{2}$ cup. Mix before it clumped up.

Line the container with parchment paper and pour mixture in. Refrigerate for 3-4 hours. When the gelatin is firm, pull the wax paper out of the container and cut into large blocks.