



Staying Connected with Winners' Academy

Monday, April 13, 2020

Good Morning Everyone Winners' Families!

We hope that everyone is doing fine. During these unprecedented times, many of you are home with your children as we work as a society to #flattenthecurve of COVID-19. It's the perfect opportunity to just enjoy some one-on-one time with your child for half hour... and your older children may enjoy these activities as well. We hope you find these activities helpful.

Stay safe. Stay positive!
We will come through this together!

Book of the week

"Pete the Cat-I love my white shoes"

<https://youtu.be/v6Lp9SHN4-M>

Verse of the Week

John 13:35

By this everyone will know that you
are my disciples, if you love one
another.

School Information:

711 Dogwood Ave
W. Hempstead, NY 11552

516-292-5050!

Fun, Hands-On Learning Activities To do with your preschoolers at home!

Mon: Art - Shaving Cream Design

Tues: Literacy - Make a Puppet

Wed: Science - Color scientist

Thurs: Music/Movement - Pick a song

Fri: Math - Playdough Making

(Please find instruction for these activities on
the next few page.)



MONDAY: ART ACTIVITIES

What your preschool learns and develops through art activities

Hands-on and open-ended (meaning there is no specific outcome—the project, in the end, does not need to look like a specific model) is part of Visual Arts or - using a variety of materials to make art creations to reflect thoughts, feelings, experience or knowledge. When your preschooler participates in hands-on art, many skills are used and developed depending on the materials they are using. Art activities help your preschooler:

- Use a variety of tools & materials to build grasp & release skills, scissor skills & ability to use thumb/forefinger in pincer grasp.
- Develop eye-hand coordination using a variety of materials.
- Develop pre-writing & drawing skills using wide variety of tools Develop awareness of their family, the community, the classroom and their responsibilities in each.
- Develop the ability to identify, predict, create and extend simple patterns.

Shredded Paper Design

Materials needed

scrap paper (colored paper and/or magazines supermarket flyers, etc.), glue or glue sticks, plain paper

What to do

Encourage your child to rip the paper into different sizes and shapes.

Ripping (rather than cutting with scissors) is wonderful for developing the muscles in their fingers and hands!

Provide them with plain paper to glue the pieces onto using either glue sticks or white school glue.
Optional: Supervise them while they cut the paper with scissors for more hand-muscle development!

print their name or just make designs in it using their fingers. Optional: Provide them with craft sticks or paint brushes to use to print or make designs with.

TUESDAY: LITERACY ACTIVITIES

What your preschool learns and develops through literacy activities

Literacy typically refers to reading and writing skills. Some of the skills your preschoolers will develop by participating in the literacy activities here are:

- Demonstrating eagerness, curiosity, & flexibility as a learner.
- Engaging in positive relationships and interacting in socially appropriate manner with minimal conflict with peers and with adults involved in their care.
- Developing awareness of print (in books & environment) and recognizes that print conveys meaning (i.e. recognizing own name).
- Recognizing how books are read (front to back, one page at a time) and characteristics of books (title, author, illustrator).
- Listening to and describing items and actions in books.
- Demonstrating progress in understanding & listening to language (receptive language) as well as progress in speaking (expressive language)

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WEDNESDAY: SCIENCE ACTIVITIES

What your preschool learns and develops through Science activities

Science happens all around us! Your preschoolers develop so many skills participating in science activities such as:

- Engaging in positive relationships and interacting in socially appropriate manner with minimal conflict with other children.
- Participating in structured and unstructured activities.
- Developing observation & inquiry skills using their senses & tools (including technology) to gather & investigate information. Making predictions and inferences about changes in materials.
- Communicating & documenting information gathered using a variety of methods (drawing, maps, graphs, charts & through discussion)
- Developing knowledge of science concepts through exploration of the different sciences (Life, Physical, Earth/Environmental, Technology Science)

Color Scientist

Materials needed

shallow cups, water, small spoons, food coloring Optional: coffee filters, markers, spray bottle with water in it, newspaper or old towel

What to do

Put some water in several shallow cups. Add a drop of food coloring to each (using different colors in each cup).

Give your child a shallow up with uncolored water in it. Have them transfer colored water to their cup using a spoon to see what colors they can create! Optional variation: Provide your child with a white coffee filter and water-based markers (like Crayola markers). They color the coffee filter, draw designs, etc. with the marker.

Place the colored filter on newspaper or an old towel (the next step will make the colors bleed through and could stain your carpet).

The children then spray the colored coffee filter with a spray bottle of water (NOTE: be sure the spray bottle you use was not used to store chemicals in the past. We use the spray bottle we have to spray plants with). The water will make the marker colors blend and have a tie-dyed look to them! They will want to make MANY of these!

THURSDAY: MUSIC & MOVEMENT ACTIVITIES

What your preschool learns and develops through music & movement activities

Activities involving music and/or movement help your preschoolers use their senses as well as their LOVE of moving around in many ways! When they participate in music through activities by listening, performing, singing or using musical instruments, some of the skills they develop are:

- Joining in and cooperating with others in play and learning.
- Expressing affection, empathy and sympathy to others and balances needs and rights of others and self.
- Developing travelling skills by using locomotor skills to maneuver in their environment and in a large group.
- Developing large muscle control and balancing skills through activities such as walking (front and backward) skipping, running, climbing, hopping, stretching, reaching etc.

Pick A Song

Materials needed

Index cards or scrap paper, marker

What to do

Ask your child to name the songs he/she knows and likes. Print the name of each song on an index card or piece of scrap paper. Draw a symbol on each card so your child can 'read' the card (i.e. draw a star on the card for Twinkle Twinkle Little Star).

Now, place the cards face down or hold them in your hand fanned out and have your child choose a card, flip it over to see what it is and sing it together. Make up actions/hand motions for each song.

Some ideas to get you started: Twinkle Twinkle Little Star; Head Shoulders Knees and Toes; ABC song; Old MacDonald; Row, Row, Row Your Boat; 5 Little Monkeys Jumping on the Bed; 5 Little Monkeys Swinging from a Tree; The Wheels on the Bus; Baa Baa Black Sheep

FRIDAY: MATH ACTIVITIES

What your preschool learns and develops through math activities

Much like science, math is all around us! Your preschoolers grow and develop in so many areas by participating in any activity that includes math from actual counting to helping you measure and cook! Some of the skills they develop are:

- Using a variety of tools & materials to build grasp & release skills, scissor skills and the ability to use thumb/forefinger in pincer grasp.
- Developing eye-hand coordination using a variety of materials.
- Developing the ability to recognize numbers recite them in order and recognize that numbers represent quantities.
- Using numbers, one-to-one counting & subitizing (identifying number of objects in a set without counting them) to determine the quantity.
- Developing the ability to identify, predict, create and extend simple patterns. Developing the ability to measure wide variety of objects using many different attributes (weight, length, size, etc.)
- Developing the ability to classify, compare, sort and order a wide variety of object by different attributes.
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- Developing an understanding of ordination & positional language (1st, 2nd, 3rd), directionality (up/down) and spatial awareness (next to, on top of) & how to apply to items, stories, etc.
- Developing knowledge of science concepts through exploration of the different sciences (Life, Physical, Earth/Environmental, Technology Science) Understanding and following at least 2-3 step directions.

Playdough Making

Materials needed

3-4 c (750-1000 mg) flour; 1 c (250 mg) salt; 2 c (500 ml) hot water; 2 Tbsp. (30 ml) oil; 1 package of unsweetened Kool Aid (or food coloring and vanilla extract for a nice scent)

What to do

Make this with your child! Let them help measure and count as you add ingredients! Mix 3 cups (750 mg) of the flour and all the salt together. In a separate bowl, add Kool Aid to hot water and stir till dissolved. Add oil. Pour wet ingredients into dry. Stir, continue to add remaining flour as needed. Let children use with other playdough tools and toys you may have.

NOTE: Homemade playdough does NOT work well in Playdough factory type toys (you know, the ones where you squish out the playdough).